

Limestone Legacy Meet 2026 - 2026-04-23

CaraCo Home Field, Kingston, Ontario

2026-04-23

Results

Girls 100 Meter Dash Novice

Legacy: 13.13 * 2017-04-21 Mackenzie Campbell

Legacy2: 13.13 * 2014 Marissa Battle

Name	School	Prelims
------	--------	---------

Heat 1 Preliminaries

1	MCGREGOR, AELA	FRONTENAC SS	13.69Q
2	REIMER, HANNAH	ENSS	13.78q
3	YOUNG, BLAIRE	SYDENHAM HS	14.76
4	HOWE, MADISON	NAPANEE DIST	15.34
5	BERTREND-MARTEL, SHY	THOUSAND ISL	15.55
6	GOUDEY, SYBIL	CENTRAL HAST	19.44

Heat 2 Preliminaries

1	DOWNEY, ELLA	KINGSTON SEC	13.81Q
2	MOORE, ABBIE	HOLY CROSS -	13.85q
3	SMITH, OLIVA	ENSS	14.61
4	LAAR, AVANI	ALBERT COLLE	14.66
5	CORNEAU, KAYLEE	ERNESTOWN -	15.46
6	DAKE, ABBY	ST MARY'S CA	15.83
7	ALVAREZ, INES	BAYRIDGE S.S	18.59

Heat 3 Preliminaries

1	STOS, LENI	KINGSTON SEC	13.64Q
2	VANWESTEROP, SHELBY	ST MARY'S CA	13.88q
3	WATERS, CATHERINE	SAINTE MARIE RI	14.51
4	COATES, ELLA	THOUSAND ISL	14.54
5	MANOR, RUBY	HOLY CROSS -	14.84
6	DOYLE, NUALA	FRONTENAC SS	15.25
7	REVELL, JAZLYN	BAYRIDGE S.S	18.33

Heat 4 Preliminaries

1	PLAYTER-TUFTS, SARAH	KINGSTON SEC	14.14Q
2	FARRELL, LUCINDA	PERTH AND DI	14.21
3	TURCOTTE, SADIE	GANANOQUE SS	14.46
4	JACOBSEN, AALIYAH	ALBERT COLLE	14.47
4	RAY, RAYLYNN	CENTRAL HAST	14.47
6	DOSSOU, FAITH	SAINTE MARIE RI	15.24
7	ANTRODOIS, ALYCIA	HOLY CROSS -	15.35
8	GOSLIN, OLIVIA	SYDENHAM HS	16.71

Heat 5 Preliminaries

1	RAYCROFT, LEAH	ENSS	14.39Q
2	ADAMS, ESTELLE	ERNESTOWN -	14.87
3	ROYLE, ROBIN	PERTH AND DI	14.93
4	PIDGEON, ALEXIS	SYDENHAM HS	15.89
5	SAUNDERS, KAIYAH	THOUSAND ISL	16.63

Girls 100 Meter Dash Novice

Legacy: 13.13 * 2017-04-21 Mackenzie Campbell

Legacy2: 13.13 * 2014 Marissa Battle

Name	School	Finals
------	--------	--------

Section 1 Finals

1	MCGREGOR, AELA	FRONTENAC SS	13.97
2	MOORE, ABBIE	HOLY CROSS -	14.02
3	REIMER, HANNAH	ENSS	14.03
4	STOS, LENI	KINGSTON SEC	14.04
5	VANWESTEROP, SHELBY	ST MARY'S CA	14.32

6	DOWNEY, ELLA	KINGSTON SEC	14.68
7	PLAYTER-TUFTS, SARAH	KINGSTON SEC	14.92
8	RAYCROFT, LEAH	ENSS	15.30

Girls 1500 Meter Run Novice

Legacy: 4:55.48 * 2017-04-21 ANNA WORKMAN

Name	School	Finals
------	--------	--------

Section 1

1	KINCH, LILAH	THOUSAND ISL	5:00.58
2	MARSHALL, MAEVE	KINGSTON SEC	5:01.75
3	SAUERBREI, TESSA	KINGSTON SEC	5:15.64
4	LAVENDER, CLAIRE	NICHOLSON CC	5:21.50
5	MCAULEY, BLAKE	HOLY CROSS -	5:36.02
6	DE BLIEK, ALANA	ERNESTOWN -	5:37.37
7	DELPORT, LAYLA	ENSS	5:38.87
8	BAPISTA, SABRINA	ENSS	5:44.08
9	HAYES, HAILEY	PERTH AND DI	5:49.87
10	WHITE, ABBY	LOYALIST CVI	5:54.84
11	SHUTT, ELLIE	ENSS	5:59.95
12	ALLEN, EMMA	NAPANEE DIST	6:15.36
13	COUTTS, HARPER	PERTH AND DI	6:16.84
14	WILLMAN, CHARLIE	FRONTENAC SS	6:18.56
15	COFFEE, ERICA	CENTRAL HAST	6:20.02
16	BRANNIGAN, FLORA	SYDENHAM HS	6:20.19
17	HARKER, AUDREY	NICHOLSON CC	6:25.85
18	NORTH, JULIA	ST MARY'S CA	6:26.56
19	STENNING, TESSA	NICHOLSON CC	6:33.61
20	GRAHAM, EMMA	GANANOQUE SS	6:34.57
21	BAILLIE, DARCY	CENTRAL HAST	7:19.82

Girls 80 Meter Hurdles Novice

Legacy: 13.63 * 2014

Alex Ethier

Name	School	Prelims
------	--------	---------

Heat 1 Preliminaries

1	WIMMER, EMILY	KINGSTON SEC	14.93Q
2	WEESE, MEIRA	NAPANEE DIST	15.25Q
3	YOUNG, BLAIRE	SYDENHAM HS	15.56Q
4	CYNDRIC-MYERS, ERICA	ST MARY'S CA	17.57
5	DOWNEY, ELLA	KINGSTON SEC	18.29

Heat 2 Preliminaries

1	STOS, LENI	KINGSTON SEC	14.74Q
2	ORR, JAYLA	ENSS	15.62Q
3	SABOURIN, RILYNN	SYDENHAM HS	16.62Q
4	MCKEOWN, VIVIAN	REGIOPOLIS-N	17.20q
5	VANDERSPANK, PETRA	PERTH AND DI	17.50q

Girls 80 Meter Hurdles Novice

Legacy: 13.63 * 2014

Alex Ethier

Name	School	Finals
------	--------	--------

Section 1 Finals

1	STOS, LENI	KINGSTON SEC	13.81
2	WIMMER, EMILY	KINGSTON SEC	15.45
3	WEESE, MEIRA	NAPANEE DIST	15.64
4	YOUNG, BLAIRE	SYDENHAM HS	16.30
5	SABOURIN, RILYNN	SYDENHAM HS	16.94

Limestone Legacy Meet 2026 - 2026-04-23

CaraCo Home Field, Kingston, Ontario

2026-04-23

Results

Section 1 Finals ... (Girls 80 Meter Hurdles Novice)			
Name		School	Finals
6	MCKEOWN, VIVIAN	REGIOPOLIS-N	16.98
7	ORR, JAYLA	ENSS	17.24
8	VANDERSPANK, PETRA	PERTH AND DI	17.70

Girls 4x100 Meter Relay Novice

Legacy: 53.84 * 2017-04-21 Frontenac S.S.

Team		Relay	Finals
Section 1			
1	ENSS	A	54.92
2	ST MARY'S CA	A	55.89
3	ERNESTOWN -	A	1:02.56
---	HOLY CROSS -	A	DQ

Section 2

1	KINGSTON SEC	A	54.27
2	PERTH AND DI	A	1:00.33
3	THOUSAND ISLANDS SS	A	1:01.62
4	HOLY CROSS -	B	1:02.64

Girls High Jump Novice

Legacy: 1.53m * 2014 Brianna MacComish

Name		School	Finals
Flight 1			
1	MCDOWELL, ROSIE	FRONTENAC SS	1.40m
2	WIMMER, EMILY	KINGSTON SEC	J1.35m
2	FARDELLA, JILLIAN	HOLY CROSS -	J1.35m
4	RAYCROFT, LEAH	ENSS	1.30m
5	JACOBSEN, AALIYAH	ALBERT COLLE	1.20m
---	GRACE, STELLA	KINGSTON SEC	NH

Girls Pole Vault Novice

Legacy: 2.30m * 2014 Emma Pasco

Name		School	Finals
Flight 1			
1	WEESE, MEIRA	NAPANEE DIST	2.15m

Girls Long Jump Novice

Legacy: 4.71m * 2025-04-24 KAIA DAFNAS

Name		School	Finals
Flight 1			
1	MILLER, TESSA	KINGSTON SEC	4.68m
2	GRACE, JOANETTE	KINGSTON SEC	J4.54m
2	STOS, LENI	KINGSTON SEC	J4.54m
4	OLAJITAN, MICHELLE	KINGSTON SEC	4.46m
5	REIMER, HANNAH	ENSS	4.42m
6	EKENNA, CHISOM	HOLY CROSS -	J4.15m
6	LAAR, AVANI	ALBERT COLLE	J4.15m
8	ADAMS, ESTELLE	ERNESTOWN -	4.08m
9	TURCOTTE, SADIE	GANANOQUE SS	3.90m
10	RIZZO, TAILA	HOLY CROSS -	J3.76m
10	GRAHAM, VAEDA	GANANOQUE SS	J3.76m
12	JACOBSEN, AALIYAH	ALBERT COLLE	3.68m
13	SMITH, OLIVA	ENSS	3.66m
14	VANWESTEROP, SHELBY	ST MARY'S CA	3.62m

15	RAYCROFT, LEAH	ENSS	3.60m
16	CABALLERO, CHRIS-SAR/	PERTH AND DI	3.35m
17	YOUNG, BLAIRE	SYDENHAM HS	3.04m
18	ALVAREZ, INES	BAYRIDGE S.S	2.99m
19	GOSLIN, OLIVIA	SYDENHAM HS	2.74m
20	GAUDET, KRISTAL	SAINTE MARIE RI	2.64m
21	CLARKE, JUBELEIGH	SAINTE MARIE RI	2.61m
22	MARKUS, KENNEDY	GANANOQUE SS	2.56m
---	CARTY, AUDRINA	NICHOLSON CC	ND

Girls Triple Jump Novice

Legacy: 10.34m * 2018-04-27 Teighan Wallace

Name		School	Finals
Flight 1			
1	FARNDON, BETH	GANANOQUE SS	10.29m
2	GRACE, JOANETTE	KINGSTON SEC	9.83m
3	ADAMS, ESTELLE	ERNESTOWN -	9.35m
4	VANWESTEROP, SHELBY	ST MARY'S CA	9.15m
5	SAGANOWICH, CLAIRE	HOLY CROSS -	8.91m
6	RIZZO, TAILA	HOLY CROSS -	8.88m
7	BISSON, PYPER	PERTH AND DI	8.73m
8	SABOURIN, RILYNN	SYDENHAM HS	8.72m
9	VANDERSPANK, PETRA	PERTH AND DI	8.44m
10	EKENNA, CHISOM	HOLY CROSS -	8.40m
11	GRAHAM, VAEDA	GANANOQUE SS	8.39m
12	HOWE, MADISON	NAPANEE DIST	8.29m
13	BOLTON, ELLA	NICHOLSON CC	8.05m

Girls Shot Put Novice

Legacy: 10.35m * 2015 Hailee Banks

Name		School	Finals
Flight 1			
1	CLARKE, JUBELEIGH	SAINTE MARIE RI	8.97m
2	GRAHAM, CALEIGH	REGIOPOLIS-N	8.87m
3	SWAINE, ADDY	BAYRIDGE S.S	8.82m
4	COLLINS, GRACE	HOLY CROSS -	8.76m
5	BISSON, PYPER	PERTH AND DI	8.74m
6	ELLIOTT, GRACE	ST MARY'S CA	8.51m
7	RAFTIS-MUNROE, AMAYA	HOLY CROSS -	8.31m
8	DAVEY, WINNIE	NAPANEE DIST	7.62m
9	ENNIS, CABELA	PERTH AND DI	7.59m
10	INGIMUNDSON, ELLA	LA SALLE SS	7.49m
11	HUBBERT, ALIYA	GANANOQUE SS	7.29m
12	RODGERS, ISOBEL	ERNESTOWN -	7.14m
13	KEYES, LEXI	GANANOQUE SS	7.12m
14	CARTY, AUDRINA	NICHOLSON CC	7.08m
15	CALDWELL, ISABEL	GANANOQUE SS	6.64m
16	JONES, NORAH	NICHOLSON CC	6.57m
17	GOOLSBY, GINNY	ENSS	6.35m
18	DAVIDSON, CHARLOTTE	ST MARY'S CA	6.21m
19	SMITH, OLIVA	ENSS	5.07m
20	CABALLERO, CHRIS-SAR/	PERTH AND DI	4.71m

Limestone Legacy Meet 2026 - 2026-04-23

CaraCo Home Field, Kingston, Ontario

2026-04-23

Results

Girls Discus Throw Novice			
Legacy: 23.97m * 2024-04-25 OLIVE GIRARD			
Name		School	Finals
Flight 1			
1	SWAINE, ADDY	BAYRIDGE S.S	19.87m
2	INGIMUNDSON, ELLA	LA SALLE SS	19.05m
3	DERYAW, AVA	GANANOQUE SS	18.79m
4	RAFTIS-MUNROE, AMAYA	HOLY CROSS -	18.28m
5	COLLINS, GRACE	HOLY CROSS -	17.74m
6	LAWRENCE, ADDISON	ST MARY'S CA	16.87m
7	GAUDET, KRISTAL	SAINTE MARIE RI	16.55m
8	HUBBERT, ALIYA	GANANOQUE SS	15.58m
9	MCBRIDE, EVA	ENSS	11.58m
Girls Javelin Throw Novice			
Legacy: 25.82m * 2023-04-28 REBECCA DON			
Name		School	Finals
Flight 1			
1	BISSON, PYPER	PERTH AND DI	20.85m
2	CABALLERO, CHRIS-SAR/	PERTH AND DI	19.71m
3	SWAINE, ADDY	BAYRIDGE S.S	19.40m
4	VANDERSPANK, PETRA	PERTH AND DI	18.17m
5	MILLER, TESSA	KINGSTON SEC	17.77m
6	BAPISTA, SABRINA	ENSS	17.09m
7	LAWRENCE, ADDISON	ST MARY'S CA	15.46m
8	CARTY, AUDRINA	NICHOLSON CC	14.35m
9	GOOLSBY, GINNY	ENSS	13.92m
10	DAVEY, WINNIE	NAPANEE DIST	12.41m
11	MARKUS, KENNEDY	GANANOQUE SS	12.17m
12	MCBRIDE, EVA	ENSS	8.23m
---	COLLINS, GRACE	HOLY CROSS -	FOUL
Girls 100 Meter Dash Junior			
Legacy: 13.14 * 2024-04-25 Olivia St. Pierre			
Name		School	Prelims
Heat 1 Preliminaries			
1	ORJI, ISOBEL	THOUSAND ISL	* 12.37Q
2	BUSH, MALLORY	LOYALIST CVI	13.93q
3	GIBSON, MAKENA	NAPANEE DIST	14.15q
4	MCEVOY, HARPER	HOLY CROSS -	14.46
5	SMITH, DELLA	SYDENHAM HS	14.69
6	HEFFERNAN, EMILY	ST MARY'S CA	14.83
7	MCDONNELL, MADDIE	ENSS	16.28
8	CHABOT, LEA ROSE	REGIOPOLIS-N	16.66
Heat 2 Preliminaries			
1	JACKSON, CHARLOTTE	KINGSTON SEC	13.84Q
2	AKRONG, MILLIE	NICHOLSON CC	13.93q
3	JARMIN, CLAIRE	NAPANEE DIST	14.09q
4	TSCHAKOVSKY, ALLY	REGIOPOLIS-N	15.60
5	TAABAVI, GISELLE	HOLY CROSS -	16.27
6	MOORE, MEGHAN	LOYALIST CVI	16.63
7	FINCH, KELSEY	CENTRAL HAST	17.66
Heat 3 Preliminaries			
1	TIMPSON, ELLAMAE	SYDENHAM HS	13.69Q

2	GRIFFITHS, EMILY	ST MARY'S CA	14.34q
3	IBIDA, NKECHI	HOLY CROSS -	15.08
4	PRESKAR, CASSIDY	ENSS	15.21
5	LAKE, LUCY	REGIOPOLIS-N	15.47
6	MCFAUL, KAYLEE	CENTRAL HAST	16.47
7	GARLINDO, MARIA	NICHOLSON CC	16.80
8	POIRIER-DESLOGES, EVA	SAINTE MARIE RI	18.42
Girls 100 Meter Dash Junior			
Legacy: 13.14 * 2024-04-25 Olivia St. Pierre			
Name	School	Finals	
Section 1 Finals			
1	ORJI, ISOBEL	THOUSAND ISL	12.95*
2	TIMPSON, ELLAMAE	SYDENHAM HS	14.12
3	JARMIN, CLAIRE	NAPANEE DIST	14.25
4	AKRONG, MILLIE	NICHOLSON CC	14.29
4	BUSH, MALLORY	LOYALIST CVI	14.29
6	GIBSON, MAKENA	NAPANEE DIST	14.47
7	GRIFFITHS, EMILY	ST MARY'S CA	14.78
Girls 1500 Meter Run Junior			
Legacy: 4:58.31 * 2018-04-27 Kara Fitzgerald			
Name	School	Finals	
Section 1			
1	MAJOR, ARABEL	THOUSAND ISL	5:24.23
2	BLACKWELL, LILY	KINGSTON SEC	5:30.27
3	WANG, CLAIRE	SYDENHAM HS	5:35.37
4	BREWIN, EVE	THOUSAND ISL	5:41.15
5	WOOD, ANNIE	KINGSTON SEC	5:41.85
6	MAHONEY, KAYLEE	KINGSTON SEC	5:51.88
7	BURNETT, RACHEL	NAPANEE DIST	5:51.93
8	LONERGAN, CLARA	NAPANEE DIST	5:56.77
9	DUFOUR, LARA	THOUSAND ISL	5:57.06
10	SISSONS, EVA	SYDENHAM HS	6:03.87
11	MEYER, CHLOE	SYDENHAM HS	6:17.69
12	MILLER, POPPY	SYDENHAM HS	6:20.87
13	MOORE, CASEY	SAINTE MARIE RI	7:22.09
Girls 80 Meter Hurdles Junior			
Legacy: 12.68 * 2015 Claire Millard			
Name	School	Prelims	
Heat 1 Preliminaries			
1	SYWYK, CARRIE	NAPANEE DIST	13.25Q
2	MILLER, TESSA	KINGSTON SEC	13.55Q
3	BROWN, KENDALL	BAYRIDGE S.S	13.88q
4	MASON, ELLA	HOLY CROSS -	17.01
5	ZULINIAK, CLAIRE	SYDENHAM HS	17.06
Heat 2 Preliminaries			
1	KING, VIVIAN	BAYRIDGE S.S	13.09Q
2	DAFNAS, KAIA	SYDENHAM HS	14.58Q
3	JACKSON, CHARLOTTE	KINGSTON SEC	16.29
4	TAYLOR, JOON	NICHOLSON CC	17.23
Heat 3 Preliminaries			
1	DEWAL, AVERY	ENSS	13.63Q
2	PLAYTER-TUFTS, SARAH	KINGSTON SEC	14.56Q

Limestone Legacy Meet 2026 - 2026-04-23
CaraCo Home Field, Kingston, Ontario
2026-04-23

Results

Heat 3 Preliminaries ... (Girls 80 Meter Hurdles Junior)			
Name	School	Prelims	
3 CUSICK, EVELYN	SAINTE MARIE RI	14.98q	
4 SMITH, DELLA	SYDENHAM HS	17.05	
5 FAIRBAIRN, ALEX	NAPANEE DIST	17.17	
6 CRAIN, TEAGAN	PERTH AND DI	17.90	

Girls 80 Meter Hurdles Junior

Legacy:	12.68 * 2015	Claire Millard	
Name	School	Finals	

Section 1 Finals

1 SYWYK, CARRIE	NAPANEE DIST	13.44	
2 KING, VIVIAN	BAYRIDGE S.S	13.46	
3 MILLER, TESSA	KINGSTON SEC	13.76	
4 DEWAL, AVERY	ENSS	13.97	
5 BROWN, KENDALL	BAYRIDGE S.S	14.56	
6 DAFNAS, KAIA	SYDENHAM HS	15.16	
7 PLAYTER-TUFTS, SARAH	KINGSTON SEC	15.38	
8 CUSICK, EVELYN	SAINTE MARIE RI	16.96	

Girls 4x100 Meter Relay Junior

Legacy:	52.39 * 2024-04-25	Thousand Islands SS	
Team	Relay	Finals	

Section 1

1 NAPANEE DIST	A	55.04	
2 ENSS	A	58.26	
3 HOLY CROSS -	A	1:00.34	
4 REGIOPOLIS-N	A	1:01.98	

Girls High Jump Junior

Legacy:	1.50m * 2018-04-27	Abby Jones	
Legacy2:	1.50m * 2015	Amanda Black	
Legacy3:	1.50m * 2014	Makayla Congreves	
Name	School	Finals	

Flight 1

1 SCHMOLL, HELENA	ENSS	1.45m	
2 ZULINIAK, CLAIRE	SYDENHAM HS	1.40m	
3 ANDRESS, AVA	THOUSAND ISL	1.25m	
4 JACKSON, MADISON	ENSS	1.20m	
--- MOORE, MEGHAN	LOYALIST CVI	NH	

Girls Pole Vault Junior

Legacy:	2.40m * 2016-04-22	Danielle Adam	
Name	School	Finals	

Flight 1

1 SAGE, CHARLEE	ST THERESA (	3.10m*	
2 CHARLAN, OLIVIA	SAINT LAWREN	2.30m	
3 BALLANCE, PIPER	NAPANEE DIST	2.15m	

Girls Long Jump Junior

Legacy:	4.91m * 2019-04-26	LILLY JACKSON	
Name	School	Finals	

Flight 1

1 DAFNAS, KAIA	SYDENHAM HS	4.46m	
2 CUSICK, EVELYN	SAINTE MARIE RI	4.33m	
3 WENJE, HOPE	REGIOPOLIS-N	3.89m	

4 LAKE, LUCY	REGIOPOLIS-N	3.78m	
5 SMITH, DELLA	SYDENHAM HS	3.67m	
6 MCDONNELL, MADDIE	ENSS	3.62m	
7 GALL, ELLA	CENTRAL HAST	3.55m	
8 FLEMING, ADDY	HOLY CROSS -	3.47m	
9 GARLINDO, MARIA	NICHOLSON CC	3.45m	
10 HEFFERNAN, EMILY	ST MARY'S CA	3.42m	
11 CRAIN, TEAGAN	PERTH AND DI	3.38m	
12 SYDOR, JILL	REGIOPOLIS-N	3.36m	
13 IBIDA, NKECHI	HOLY CROSS -	3.34m	
14 JACKSON, MADISON	ENSS	3.18m	
15 DOLAN, ELISABETH	ST MARY'S CA	3.15m	
16 MCFAUL, KAYLEE	CENTRAL HAST	2.98m	
17 TWIGG, EMILY	HOLY CROSS -	2.59m	

Girls Triple Jump Junior

Legacy:	10.45m * 2017-04-21	SYDNEY CAMPBELL	
Name	School	Finals	

Flight 1

1 VAN WINCKLE, AVA	FRONTENAC SS	9.40m	
2 FORESTER, AVERY	NAPANEE DIST	9.36m	
3 TSCHAKOVSKY, ALLY	REGIOPOLIS-N	8.90m	
4 SCHMOLL, HELENA	ENSS	8.81m	
5 OLIVE, ABBY	FRONTENAC SS	8.62m	
6 CAMPBELL, EMILY	HOLY CROSS -	8.35m	
7 GILLIS, MAE	FRONTENAC SS	8.30m	
8 GALL, ELLA	CENTRAL HAST	8.15m	

Girls Shot Put Junior

Legacy:	12.66m * 2015	Braiden Nichols	
Name	School	Finals	

Flight 1

1 NIEMANN, ANNIE	HOLY CROSS -	9.42m	
2 EVERS, NATASHA	PERTH AND DI	9.30m	
3 PRESKAR, CASSIDY	ENSS	8.98m	
4 DERBYSHIRE, ALLIYA	FRONTENAC SS	8.09m	
5 BELLES, AZLYN	GANANOQUE SS	7.89m	
6 CAMPBELL, EMILY	HOLY CROSS -	7.78m	
7 CRAIN, TEAGAN	PERTH AND DI	7.28m	
8 CANNING, REESE	HOLY CROSS -	7.24m	
9 STARKE, TYLEST	ENSS	7.12m	
10 POWELL, ATHENA	ERNESTOWN -	6.92m	
11 POIRIER-DESLOGES, EVA	SAINTE MARIE RI	6.90m	
12 HOLLOWAY, KINSLEY	NICHOLSON CC	6.74m	
13 HORNBECK-CASTILLO, N.	NAPANEE DIST	6.49m	
14 GOGUEN, RYLEIGH	THOUSAND ISL	5.47m	

Girls Discus Throw Junior

Legacy:	24.84m * 2025-04-24	LILY GALLOWAY	
Legacy2:	24.84m * 2024	JORDAN THOMPSON	
Name	School	Finals	

Flight 1

1 DERBYSHIRE, ALLIYA	FRONTENAC SS	23.92m	
2 PRESKAR, CASSIDY	ENSS	22.74m	
3 NIEMANN, ANNIE	HOLY CROSS -	21.79m	

Limestone Legacy Meet 2026 - 2026-04-23

CaraCo Home Field, Kingston, Ontario

2026-04-23

Results

Flight 1 ... (Girls Discus Throw Junior)			
Name	School	Finals	
4 EVERS, NATASHA	PERTH AND DI	21.45m	
5 RYLANDS, ARAYIA	ST MARY'S CA	19.69m	
6 BELLES, AZLYN	GANANOQUE SS	18.59m	
7 FLEMING, ADDY	HOLY CROSS -	18.16m	
8 POWELL, ATHENA	ERNESTOWN -	18.06m	
9 VAN WINCKLE, AVA	FRONTENAC SS	16.64m	
10 HORNBEEK-CASTILLO, N.	NAPANEE DIST	16.15m	
11 CANNING, REESE	HOLY CROSS -	15.70m	
12 HOLLOWAY, KINSLEY	NICHOLSON CC	15.65m	
13 POIRIER-DESLOGES, EVAI	SAINTE MARIE RI	11.80m	
Girls Javelin Throw Junior			
Legacy: 34.39m * 2019-04-26 Kaylee Clark			
Name	School	Finals	
Flight 1			
1 EVERS, NATASHA	PERTH AND DI	31.56m	
2 VAN WINCKLE, AVA	FRONTENAC SS	27.18m	
3 FLEMING, ADDY	HOLY CROSS -	22.94m	
4 MALLETTE, GRACIE	ST MARY'S CA	22.27m	
5 MASON, ELLA	HOLY CROSS -	21.45m	
6 RAISON, CASEY	THOUSAND ISL	20.40m	
7 DERBYSHIRE, ALLIYA	FRONTENAC SS	19.63m	
8 STARKE, TYLEST	ENSS	15.75m	
9 POWELL, ATHENA	ERNESTOWN -	13.38m	
10 CANNING, REESE	HOLY CROSS -	12.16m	
11 HORNBEEK-CASTILLO, N.	NAPANEE DIST	9.70m	
12 GILLIS, MAE	FRONTENAC SS	9.38m	
Girls 100 Meter Dash Senior			
Legacy: 12.54 * 2015 Sophia Skorenky			
Name	School	Prelims	
Heat 1 Preliminaries			
1 HARRINGTON DURST, SA	SYDENHAM HS	13.59Q	
2 PORTER, TESSA	HOLY CROSS -	13.68q	
3 STOS, MILA	KINGSTON SEC	14.09	
4 WALKDEN, JULIANNE	PERTH AND DI	14.19	
5 REAVIE, KENDAL	CENTRAL HAST	14.39	
6 PARKER, CELINA	BAYRIDGE S.S	14.65	
7 DROUIN, LILY-MARIE	ERNESTOWN -	15.04	
Heat 2 Preliminaries			
1 BANHIDI, MAYA	SYDENHAM HS	13.55Q	
2 GEENEVASSEN, ANGELINA	NAPANEE DIST	13.73q	
3 ROLLINS, LAURYN	HOLY CROSS -	13.75	
4 ROYLE, BROOKE	PERTH AND DI	13.80	
5 VALLIER, SUMMER	REGIOPOLIS-N	14.11	
6 MCKENNEY, JILL	CENTRAL HAST	15.03	
7 CICHOCKI, LILIA	BAYRIDGE S.S	16.72	
Heat 3 Preliminaries			
1 WALPOT, SOPHIE	GANANOQUE SS	13.52Q	
2 MARTIN, JENNA	FRONTENAC SS	13.63q	
3 LEGARRETA IBERGARAY,	KINGSTON SEC	14.20	
4 POULTON, LESLIE	ENSS	14.47	
5 TORNOW, ANIKA	HOLY CROSS -	15.25	

Heat 4 Preliminaries			
1 ST PIERRE, OLIVIA	THOUSAND ISL	12.96Q	
2 NANDOO, EMMA	ST MARY'S CA	13.36q	
3 PLAYTER-TUFTS, MARIN	KINGSTON SEC	13.84	
4 UENS, CARLEY	NAPANEE DIST	13.86	
5 MULVILLE, NATALIE	FRONTENAC SS	14.83	
6 WERNICKE, LENA	BAYRIDGE S.S	15.31	
7 HART, WILLOW	LOYALIST CVI	15.50	
8 OLNER, HAILEY	SYDENHAM HS	17.40	
Girls 100 Meter Dash Senior			
Legacy: 12.54 * 2015 Sophia Skorenky			
Name	School	Finals	
Section 1 Finals			
1 ST PIERRE, OLIVIA	THOUSAND ISL	13.38	
2 NANDOO, EMMA	ST MARY'S CA	13.94	
3 BANHIDI, MAYA	SYDENHAM HS	13.99	
4 HARRINGTON DURST, SA	SYDENHAM HS	14.14	
5 WALPOT, SOPHIE	GANANOQUE SS	14.18	
6 GEENEVASSEN, ANGELINA	NAPANEE DIST	14.24	
7 MARTIN, JENNA	FRONTENAC SS	14.25	
8 PORTER, TESSA	HOLY CROSS -	14.29	
Girls 1500 Meter Run Senior			
Legacy: 4:56.38 * 2019-04-26 CLAIRE CUSHING			
Name	School	Finals	
Section 1			
1 STACEY, GABBY	NAPANEE DIST	4:56.58	
2 SIMPSON, AVALEA	THOUSAND ISL	5:11.98	
3 HOLLINGSWORTH, RHEA	SYDENHAM HS	5:18.08	
4 SYROVATSKA, ANASTASII	ENSS	5:18.87	
5 WILLMAN, MADDIE	FRONTENAC SS	5:20.77	
6 HOWE, RACHEL	KINGSTON SEC	5:33.13	
7 MILNE, WHITNEY	NICHOLSON CC	5:39.46	
8 JACKSON, ABIGAIL	ST MARY'S CA	5:47.93	
9 FERGUSON, KORA	ENSS	5:50.39	
10 HEDDERSON, FARRAH	GANANOQUE SS	5:56.32	
11 NICHOLS, CHLOE	ENSS	5:58.06	
12 WHEELER, ELIZABETH	ST MARY'S CA	6:02.30	
13 WALSH, MAISIE	NICHOLSON CC	6:21.59	
14 HEALEY, LILA	NICHOLSON CC	6:27.24	
15 BRANNIGAN, MARY	SYDENHAM HS	6:47.40	
16 HICKEY, KARLEE	ERNESTOWN -	6:56.01	
17 BOBAL, OLEKSANDRA	REGIOPOLIS-N	8:13.58	
18 GRIFFITHS, ABBIGAIL	NAPANEE DIST	8:55.57	
Girls 100 Meter Hurdles Senior			
Legacy: 14.52 * 2024-04-25 FINDLAY WEIR			
Name	School	Prelims	
Heat 1 Preliminaries			
1 BARROW-MCLAGAN, AM	KINGSTON SEC	14.71Q	
2 ANDERSON, TIAWNA	THOUSAND ISL	16.04Q	
3 PAUL, FINLAY	NAPANEE DIST	16.40Q	
4 READE, SEDONA	SYDENHAM HS	16.52q	
5 BARROW-MCLAGAN, MAI	KINGSTON SEC	16.83q	

Limestone Legacy Meet 2026 - 2026-04-23

CaraCo Home Field, Kingston, Ontario

2026-04-23

Results

Heat 1 Preliminaries ... (Girls 100 Meter Hurdles Senior)			
Name	School	Prelims	
6 WALKDEN, JULIANNE	PERTH AND DI	18.90	
7 TANNER, DEANNA	HOLY CROSS -	20.27	

Heat 2 Preliminaries			
1 PLAYTER-TUFTS, MARIN/	KINGSTON SEC	16.74Q	
2 MACDONALD, BELLA	THOUSAND ISL	18.58Q	
3 MASTORAKOS, ANNABEL	LOYALIST CVI	19.09Q	
4 RICKARD, NARA	NAPANEE DIST	22.22	

Girls 100 Meter Hurdles Senior			
Legacy: 14.52 * 2024-04-25 FINDLAY WEIR			
Name	School	Finals	

Section 1 Finals			
1 BARROW-MCLAGAN, AM/	KINGSTON SEC	15.29	
2 ANDERSON, TIAWNA	THOUSAND ISL	16.84	
3 BARROW-MCLAGAN, MAI	KINGSTON SEC	17.10	
4 PAUL, FINLAY	NAPANEE DIST	17.33	
5 PLAYTER-TUFTS, MARIN/	KINGSTON SEC	17.72	
6 READE, SEDONA	SYDENHAM HS	19.04	
7 MASTORAKOS, ANNABEL	LOYALIST CVI	19.62	

Girls 4x100 Meter Relay Senior			
Legacy: 51.70 * 2025-04-24 Thousand Islands SS			
Team	Relay	Finals	

Section 1			
1 NAPANEE DIST	A	55.20	
2 REGIOPOLIS-N	A	57.01	
3 CENTRAL HAST	A	59.11	
4 KINGSTON SEC	B	59.97	
5 HOLY CROSS -	A	1:00.65	

Section 2			
1 KINGSTON SEC	A	49.47*	
2 THOUSAND ISLANDS SS	A	50.08*	
3 ST MARY'S CA	A	55.48	
4 HOLY CROSS -	B	55.69	
5 PERTH AND DI	A	56.06	
6 BAYRIDGE S.S	A	1:02.07	
7 REGIOPOLIS-N	B	1:05.63	

Girls High Jump Senior			
Legacy: 1.58m * 2017-04-21 AMANDA BLACK			
Name	School	Finals	

Flight 1			
1 KOLOSOV, RACHEL	KINGSTON SEC	J1.45m	
1 PANKOW, GREY	THOUSAND ISL	J1.45m	
1 COLE, LIV	FRONTENAC SS	J1.45m	
4 DAVIS, NADIE	GRANITE RIDG	1.20m	
--- CARTER, AMELIA	REGIOPOLIS-N	NH	

Girls Pole Vault Senior			
Legacy: 2.60m * 2025-04-24 LEAH COVERT			
Name	School	Finals	

Flight 1			
1 BIBBY, ISLA	BAYSIDE SS -	3.55m*	

2 WEESE, KAI AH	NAPANEE DIST	2.75m*	
3 DONNAN, SOPHIE	NAPANEE DIST	J2.45m	
3 RICHARDS, EMMA	KINGSTON SEC	J2.45m	
5 COVERT, LEAH	FRONTENAC SS	2.30m	
6 MASTORAKOS, ANNABEL	LOYALIST CVI	2.15m	

Girls Long Jump Senior			
Legacy: 5.40m * 2019-04-26 MEGHAN DUNDON			
Legacy2: 5.40m * 2017-04-21 Ashley Langelier			
Name	School	Finals	

Flight 1			
1 KRAVACEK, JAYDA	PERTH AND DI	4.88m	
2 BARROW-MCLAGAN, AM/	KINGSTON SEC	4.80m	
3 NAZZER, RYA	ALBERT COLLE	4.79m	
4 UENS, CARLEY	NAPANEE DIST	4.60m	
5 ROYLE, BROOKE	PERTH AND DI	4.55m	
6 WALPOT, SOPHIE	GANANOQUE SS	4.51m	
7 WIMMER, AINSLIE	HOLY CROSS -	4.37m	
8 IRUNGU, MIKAYLA	HOLY CROSS -	4.30m	
9 JOHNSON, MADISON	ST MARY'S CA	4.21m	
10 WRIGHT, MIA	CENTRAL HAST	4.16m	
11 TANNER, LEAH	HOLY CROSS -	3.98m	
12 LONG, EVYN	CENTRAL HAST	3.89m	
13 STOS, MILA	KINGSTON SEC	3.73m	
14 JOHNSTON, AVERY	ST MARY'S CA	3.68m	
15 POULTON, LESLIE	ENSS	3.53m	
16 CEPELLOTTI, CATERINA	BAYRIDGE S.S	3.21m	
17 HENNINGS, FRIDA	BAYRIDGE S.S	2.85m	

Girls Triple Jump Senior			
Legacy: 10.57m * 2019-04-26 Sydney Campbell			
Legacy2: 10.57m * 2018-04-27 Sydney Campbell			
Name	School	Finals	

Flight 1			
1 KRAVACEK, JAYDA	PERTH AND DI	10.56m	
2 IRUNGU, MIKAYLA	HOLY CROSS -	9.87m	
3 MEHARG, LAUREN	PERTH AND DI	9.12m	
4 TANNER, DEANNA	HOLY CROSS -	8.87m	
5 WRIGHT, MIA	CENTRAL HAST	8.74m	
6 WALSH, MAISIE	NICHOLSON CC	8.12m	
7 BICKERTON, SKYLAR	GANANOQUE SS	7.27m	

Girls Shot Put Senior			
Legacy: 11.72m * 2016-04-22 Hailey Wolfgram			
Name	School	Finals	

Flight 1			
1 JOHNSON, SYDNEY	NICHOLSON CC	11.38m	
2 TOLL, QUINN	ST MARY'S CA	9.90m	
3 CHESNEY, REAGAN	KINGSTON SEC	9.78m	
4 PAYNE, LILY	THOUSAND ISL	9.01m	
5 GOSLIN, GILLIAN	SYDENHAM HS	8.21m	
6 FORBES, HAILEY	GANANOQUE SS	7.98m	
7 SILLS, ALYSSA	BAYRIDGE S.S	7.71m	
8 MEHARG, LAUREN	PERTH AND DI	7.69m	
9 GUIGE, SARAH	GRANITE RIDG	6.95m	

Limestone Legacy Meet 2026 - 2026-04-23
CaraCo Home Field, Kingston, Ontario
2026-04-23

Results

Flight 1 ... (Girls Shot Put Senior)			
Name	School	Finals	
10 FAWCETT, PARKER	NAPANEE DIST	6.82m	
11 WAVERLEY, KENDALL	KINGSTON SEC	6.76m	
12 SANDERS, ISLA	LOYALIST CVI	6.68m	
13 LEE, MADDY	NAPANEE DIST	6.55m	
14 JACOBSEN, ANGELICA	ALBERT COLLE	6.33m	
15 DAVEY, ANNIE	NAPANEE DIST	6.18m	
16 DEMCHUK, NAT	GANANOQUE SS	5.84m	

Girls Discus Throw Senior

Legacy: 29.62m * 2024-04-25 CARMEN BRYDSON

Name	School	Finals	
Flight 1			
1 JOHNSON, SYDNEY	NICHOLSON CC	39.07m*	
2 CHESNEY, REAGAN	KINGSTON SEC	28.32m	
3 SANDERS, ISLA	LOYALIST CVI	26.83m	
4 RAYMOND, EMILY	GANANOQUE SS	23.86m	
5 SILLS, ALYSSA	BAYRIDGE S.S	23.01m	
6 TOLL, QUINN	ST MARY'S CA	22.79m	
7 DERBYSHIRE, AVALYN	FRONTENAC SS	22.78m	
8 GOSLIN, GILLIAN	SYDENHAM HS	22.55m	
9 MORRELL, BRIANNA	GANANOQUE SS	20.21m	
10 WALKDEN, JULIANNE	PERTH AND DI	20.00m	
11 HUNTER, SYDNEY	HOLY CROSS -	17.54m	
12 CARROLL, SIERRA	LOYALIST CVI	16.75m	
13 WAVERLEY, KENDALL	KINGSTON SEC	16.74m	
14 MARSHALL, ELLISHA	PERTH AND DI	16.70m	
15 KOLOSOV, RACHEL	KINGSTON SEC	16.37m	
16 BICKERTON, SKYLAR	GANANOQUE SS	15.10m	
17 GUIGE, SARAH	GRANITE RIDG	13.69m	
18 MACDONALD, BELLA	THOUSAND ISL	13.15m	
19 DEAN, LORELAI	ENSS	11.50m	

Girls Javelin Throw Senior

Legacy: 32.60m * 2025-04-24 JAYLYNN WHITEHEAD

Name	School	Finals	
Flight 1			
1 TOLL, QUINN	ST MARY'S CA	32.98m*	
2 WHITEHEAD, JAYLYNN	GANANOQUE SS	32.17m	
3 COVERT, LEAH	FRONTENAC SS	31.14m	
4 OPALKA, HANNAH	THOUSAND ISL	30.96m	
5 MARSHALL, ELLISHA	PERTH AND DI	30.33m	
6 GOSLIN, GILLIAN	SYDENHAM HS	30.32m	
7 HUNTER, SYDNEY	HOLY CROSS -	27.47m	
8 DAVIS, NADIE	GRANITE RIDG	26.28m	
9 PIXLEY, ADDY	FRONTENAC SS	25.38m	
10 MILNE, WHITNEY	NICHOLSON CC	25.17m	
11 JACOBSEN, ANGELICA	ALBERT COLLE	25.11m	
12 LEE, MADDY	NAPANEE DIST	24.81m	
13 MURRAY, DANICA	GANANOQUE SS	21.98m	
14 JOHNSON, SYDNEY	NICHOLSON CC	21.22m	
15 BERNARD, JANE	REGIOPOLIS-N	20.51m	
16 DERBYSHIRE, AVALYN	FRONTENAC SS	19.75m	
17 KOLOSOV, RACHEL	KINGSTON SEC	19.35m	

18 BLYTHE, CLAIRE	BAYRIDGE S.S	18.89m
19 FOWLER, POEKER	NAPANEE DIST	17.17m
20 GARRAH, ABIGAIL	GANANOQUE SS	16.76m
21 LAMHA, ISABELLA	BAYRIDGE S.S	14.18m
22 WERNICKE, LENA	BAYRIDGE S.S	13.66m
23 MCKENNEY, JILL	CENTRAL HAST	12.88m
24 BALLANCE-HINCH, AVER'	NAPANEE DIST	11.02m
25 TRYON, JOCELYN	SYDENHAM HS	10.38m
26 HACKNEY, MIA	REGIOPOLIS-N	10.07m
27 DEAN, LORELAI	ENSS	6.26m

Girls 2000 Meter Steeplechase Open

Legacy: 7:34.69 * 2025-04-24 BRYNN BOWMAN

Name	School	Finals	
Section 1			
1 BOWMAN, BRYNN	GANANOQUE SS	8:00.61	
2 BALLANCE, PIPER	NAPANEE DIST	8:17.30	
3 GRACE, STELLA	KINGSTON SEC	8:21.39	
4 BREWIN, EVE	THOUSAND ISL	8:33.75	
5 ALIBERTI, JADA	HOLY CROSS -	8:56.04	
6 CASTRO, MADDALENA	REGIOPOLIS-N	9:07.70	
7 PERRAULT, CARA	ENSS	9:09.42	
8 HAYES, HAILEY	PERTH AND DI	9:12.51	
9 TURNER, NICOLA	ENSS	9:13.00	
10 YOUNG, NORA	HOLY CROSS -	9:13.06	
11 COFFEY, ERICA	CENTRAL HAST	9:47.29	
12 COUTTS, HARPER	PERTH AND DI	9:54.90	
13 SHAIL, WILLA	SYDENHAM HS	10:01.10	
14 HEALEY, LILA	NICHOLSON CC	10:09.30	
15 BAILLIE, DARCY	CENTRAL HAST	11:32.35	

Girls Distance Medley Open

Legacy: 5:18.50 * 2025-04-24 Kingston Secondary School

Team	Relay	Finals	
Section 1			
1 KINGSTON SEC	A	5:58.50	
2 NAPANEE DIST	A	6:09.08	
3 HOLY CROSS -	A	6:23.46	
4 REGIOPOLIS-N	A	6:36.41	
5 NICHOLSON CC	A	6:41.13	
Section 2			
1 ENSS	A	6:04.68	
2 THOUSAND ISLANDS SS	B	6:07.20	
3 NAPANEE DIST	B	6:56.91	
4 NICHOLSON CC	B	7:37.37	
--- GANANOQUE SS	A	DNF	
Section 3			
1 THOUSAND ISLANDS SS	A	5:35.00	
2 ENSS	B	6:35.88	
3 SYDENHAM HS	A	6:40.95	
4 SYDENHAM HS	C	6:41.09	
5 SYDENHAM HS	D	6:42.32	

Limestone Legacy Meet 2026 - 2026-04-23
CaraCo Home Field, Kingston, Ontario
2026-04-23

Results

Girls 100 Meter Dash Ambulatory			
Legacy: 18.51 * 2025-04-24 ALICIA DAVIES-JOHNSTON			
Name	School	Finals	
Section 1			
1	DAVIES-JOHNSTON, ALICI	THOUSAND ISL	19.75
2	ILLAS-LAMARCHE, IZZY	ERNESTOWN -	24.11
3	SIMMERS, CLAIRE	KINGSTON SEC	26.60
4	MOON, HARLEY	NAPANEE DIST	27.36
Girls Long Jump Standing Ambulatory			
Name	School	Finals	
Flight 1			
1	MOON, HARLEY	NAPANEE DIST	1.13m
2	SIMMERS, CLAIRE	KINGSTON SEC	0.99m
Girls Shot Put Ambulatory			
Legacy: 5.18m * 2025-04-24 ALICIA DAVIES-JOHNSTON			
Name	School	Finals	
Flight 1			
1	DAVIES-JOHNSTON, ALICI	THOUSAND ISL	4.65m
2	MOON, HARLEY	NAPANEE DIST	3.68m
3	SIMMERS, CLAIRE	KINGSTON SEC	3.36m
Girls 100 Meter Dash ID			
Legacy: 15.62 * 2024-04-25 LUCY FARMER			
Name	School	Finals	
Section 1			
1	FORBES-MESSENGER, EM	NAPANEE DIST	17.70
2	CARRUTHERS, GEMMA	FRONTENAC SS	18.56
3	HAMILTON, PEGGY	LA SALLE SS	18.89
4	ANSELM, AUTUMN	NAPANEE DIST	21.76
5	LEAGAULT-WALSH, MICK	LA SALLE SS	22.35
6	NORRIS, KEIRA	LA SALLE SS	24.12
Girls Long Jump Standing ID			
Name	School	Finals	
Flight 1			
1	FORBES-MESSENGER, EM	NAPANEE DIST	1.78m
2	HAMILTON, PEGGY	LA SALLE SS	1.48m
3	LEAGAULT-WALSH, MICK	LA SALLE SS	1.38m
4	CARRUTHERS, GEMMA	FRONTENAC SS	1.29m
5	ANSELM, AUTUMN	NAPANEE DIST	1.23m
6	NORRIS, KEIRA	LA SALLE SS	1.19m
7	CHILES, RACHEL	NAPANEE DIST	1.11m
Girls Shot Put ID			
Legacy: 7.45m * 2025-04-24 PAIGE VAN KOUCHNETT			
Name	School	Finals	
Flight 1			
1	VANKOUCHNETT, PAIGE	HOLY CROSS -	8.31m*
2	CARROLL, SIERRA	LOYALIST CVI	7.22m
3	NORRIS, KEIRA	LA SALLE SS	5.77m
4	ANSELM, AUTUMN	NAPANEE DIST	5.15m
5	CARRUTHERS, GEMMA	FRONTENAC SS	5.14m
6	CHILES, RACHEL	NAPANEE DIST	4.91m

7	LEAGAULT-WALSH, MICK	LA SALLE SS	4.90m
8	FULTON, TRINITY	KINGSTON SEC	4.84m
9	HAMILTON, PEGGY	LA SALLE SS	4.82m
Boys 100 Meter Dash Novice			
Legacy:		11.45 * 2015	Cole Horsman
Name		School	Prelims
Heat 1 Preliminaries			
1	MORROW, ASHTON	KINGSTON SEC	12.67Q
2	AMOS, IVAN	ENSS	12.82q
3	HAMMOND, TRISTAN	GRANITE RIDG	13.05
4	BEAUVAIS, EVERETT	ST MARY'S CA	13.17
5	HIPOS, ADRIAIN	REGIOPOLIS-N	13.65
6	MURPHY, RHYS	ERNESTOWN -	17.15
Heat 2 Preliminaries			
1	JAMES, LOGAN	KINGSTON SEC	12.58Q
2	VICKERS, JACOB	SYDENHAM HS	12.67q
3	HENOU, ABDULLAH	REGIOPOLIS-N	12.86
4	PICKARD, NATHAN	THOUSAND ISL	13.07
5	JONES-MANBOARDE, MYI	NICHOLSON CC	13.42
6	SETO, ANDY	ALBERT COLLE	13.86
7	TAHOUA, YANIS	ST MARY'S CA	14.13
8	ARTS, ENZO	SAINTE MARIE RI	14.39
Heat 3 Preliminaries			
1	WYLDE, MACARTHUR	NICHOLSON CC	12.56Q
2	SEDORE, WILLIAM	SAINTE MARIE RI	13.29
3	OPPERSMA, ZACK	ENSS	13.30
4	ALEXANDER, BRYCE	PERTH AND DI	13.38
5	PHRAM, JONATHAN	HOLY CROSS -	13.45
6	BOYLE, LACHLAN	THOUSAND ISL	13.78
7	REYNOLDS, DUNCAN	ERNESTOWN -	14.30
8	GUO, RYKER	ALBERT COLLE	15.70
Heat 4 Preliminaries			
1	ARMSTRONG, THOMAS	HOLY CROSS -	12.48Q
2	BICKNELL, JADEN	SYDENHAM HS	13.20
3	IMADOJEMU, EVAN	THOUSAND ISL	13.80
4	SMITH, CHASE	BAYRIDGE S.S	13.90
5	KIRKBY, BRAYDEN	GANANOQUE SS	14.15
6	MURPHY, JACK	ERNESTOWN -	14.74
7	ZHONG, IAN	ALBERT COLLE	15.82
Heat 5 Preliminaries			
1	EDERARO, DAVID	ST MARY'S CA	12.68Q
2	PATERSON, LEVI	KINGSTON SEC	12.74q
3	HEPBURN, BRENNAN	HOLY CROSS -	12.90
4	REZAIE, FARZAD	LOYALIST CVI	13.13
5	DUGAS, BRAYDEN	REGIOPOLIS-N	13.43
6	MORRISON, CHARLIE	ENSS	13.55
7	HUTCHINGS, MAX	SYDENHAM HS	13.62
8	TOOLEY, ETHAN	GRANITE RIDG	14.58

Limestone Legacy Meet 2026 - 2026-04-23

CaraCo Home Field, Kingston, Ontario

2026-04-23

Results

Boys 100 Meter Dash Novice			
Legacy: 11.45 * 2015		Cole Horsman	
Name		School	Finals
Section 1 Finals			
1	ARMSTRONG, THOMAS	HOLY CROSS -	12.71
2	WYLDE, MACARTHUR	NICHOLSON CC	12.74
3	EDERARO, DAVID	ST MARY'S CA	13.06
4	VICKERS, JACOB	SYDENHAM HS	13.13
5	PATERSON, LEVI	KINGSTON SEC	13.14
6	AMOS, IVAN	ENSS	13.53
7	MORROW, ASHTON	KINGSTON SEC	13.74
Boys 1500 Meter Run Novice			
Legacy: 4:13.00 * 2023-04-28		JACK GREGORY	
Name		School	Finals
Section 1			
1	DOREY, JOHN	HOLY CROSS -	4:35.82
2	YOUNG, TYSON	THOUSAND ISL	4:38.84
3	BAGG, TOMMY	FRONTENAC SS	4:39.17
4	LOGAN, NOAH	KINGSTON SEC	4:44.63
5	HOWARD, GABRIEL	KINGSTON SEC	4:57.73
6	BREADNER, SIMON	FRONTENAC SS	5:01.22
7	SMITH, DEAN	PERTH AND DI	5:01.78
8	SANDERS, WILL	KINGSTON SEC	5:12.10
9	DOTY, JACKSON	ENSS	5:13.29
10	WOODS, EMMERSON	NAPANEE DIST	5:17.16
11	MCKERRACHER, BRETT	HOLY CROSS -	5:25.38
12	ENGLISH, LUKE	SYDENHAM HS	5:25.45
13	MOISER, NOAH	HOLY CROSS -	5:28.11
14	HARRINGTON DURST, LA	SYDENHAM HS	5:28.47
15	HAWKINS, EVAN	SYDENHAM HS	5:29.39
16	THAIN, SAWYER	ENSS	5:30.19
17	ABDALI, MARAJ	LOYALIST CVI	5:46.51
18	TILSBURG, ZACK	ENSS	5:55.38
19	STROTMANN, BENTLEY	PERTH AND DI	6:00.26
20	MCPHEE, BEN	GRANITE RIDG	6:00.51
21	ZHAO, MIKE	ALBERT COLLE	6:19.54
22	NICHOL, JACK	NAPANEE DIST	6:31.74
23	ARNEY, SAMUEL	CENTRAL HAST	6:52.21
Boys 100 Meter Hurdles Novice			
Legacy: 15.94 * 2014		Merik Wilcock	
Name		School	Prelims
Heat 1 Preliminaries			
1	JAMES, LOGAN	KINGSTON SEC	16.98Q
2	HENOU, ABDULLAH	REGIOPOLIS-N	18.76Q
3	IMADOJEMU, EVAN	THOUSAND ISL	19.04Q
4	BICKNELL, JADEN	SYDENHAM HS	19.05q
5	DAVIS, FINN	ENSS	22.40q
Heat 2 Preliminaries			
1	PATERSON, LEVI	KINGSTON SEC	16.03Q
2	LEAKEY, SAMUEL	THOUSAND ISL	16.18Q
3	MORROW, ASHTON	KINGSTON SEC	17.99Q

Boys 100 Meter Hurdles Novice			
Legacy: 15.94 * 2014		Merik Wilcock	
Name		School	Finals
Section 1 Finals			
1	PATERSON, LEVI	KINGSTON SEC	16.67
2	LEAKEY, SAMUEL	THOUSAND ISL	17.19
3	MORROW, ASHTON	KINGSTON SEC	18.48
4	BICKNELL, JADEN	SYDENHAM HS	18.62
5	IMADOJEMU, EVAN	THOUSAND ISL	19.81
6	HENOU, ABDULLAH	REGIOPOLIS-N	20.57
7	DAVIS, FINN	ENSS	23.24
Boys 4x100 Meter Relay Novice			
Legacy: 48.49 * 2016-04-22		Thousand Islands SS	
Team		Relay	Finals
Section 1			
1	THOUSAND ISLANDS SS	A	49.69
2	HOLY CROSS -	A	49.93
3	KINGSTON SEC	A	51.35
4	REGIOPOLIS-N	A	52.04
5	ENSS	A	52.99
6	ST MARY'S CA	A	53.82
7	GRANITE RIDG	A	55.39
8	ALBERT COLLEGE (ABCE)	A	59.19
Boys High Jump Novice			
Legacy: 1.75m * 2018-04-27		Aidan Henry	
Legacy2: 1.75m * 2017		Anthony Blanchet	
Name		School	Finals
Flight 1			
1	HENDRY, GRAHAM	KINGSTON SEC	1.63m
2	HAMMOND, TRISTAN	GRANITE RIDG	J1.45m
2	KNOX, WILL	ENSS	J1.45m
4	SPENCER, JAMES	SYDENHAM HS	J1.40m
4	REYNOLDS, DUNCAN	ERNESTOWN -	J1.40m
6	PLANT-PELLETIER, WILLI	LOYALIST CVI	1.35m
---	BRIOUX, OLIVER	HOLY CROSS -	NH
Boys Pole Vault Novice			
Legacy: 2.40m * 2014		Brennan Seguin	
Name		School	Finals
Flight 1			
1	JAMES, LOGAN	KINGSTON SEC	3.10m*
Boys Long Jump Novice			
Legacy: 5.47m * 2015		Josh Grawberger	
Name		School	Finals
Flight 1			
1	MORROW, ASHTON	KINGSTON SEC	5.51m*
2	SCOTT, CONLAN	GANANOQUE SS	4.98m
3	SEDORE, WILLIAM	SAINTE MARIE RI	4.85m
4	TOOLEY, ETHAN	GRANITE RIDG	4.73m
5	PHRAM, JONATHAN	HOLY CROSS -	4.69m
6	MCKERRACHER, BRETT	HOLY CROSS -	4.63m
7	AMOS, IVAN	ENSS	4.55m

Limestone Legacy Meet 2026 - 2026-04-23
CaraCo Home Field, Kingston, Ontario
2026-04-23

Results

Flight 1 ... (Boys Long Jump Novice)			
Name	School	Finals	
8 MARSHALL, PASCAL	PERTH AND DI	4.40m	
9 KIRKBY, BRAYDEN	GANANOQUE SS	4.38m	
9 PRIMEAU, XAVIER	THOUSAND ISL	4.38m	
11 COONEY, BEN	NAPANEE DIST	4.17m	
12 PLANT-PELLETIER, WILLI	LOYALIST CVI	4.10m	
13 SETO, ANDY	ALBERT COLLE	4.04m	
14 GILFILLIN, JACKSON	NAPANEE DIST	3.84m	
15 JOHNSON MCBRIDE, MAX	ST MARY'S CA	3.80m	
16 JONES-MANBOARDE, MY	NICHOLSON CC	3.65m	
17 ARMSTRONG, THOMAS	HOLY CROSS -	3.57m	
18 KIPPEN, KARSYN	THOUSAND ISL	3.09m	
19 ARNEY, SAMUEL	CENTRAL HAST	2.99m	
20 ZHONG, IAN	ALBERT COLLE	2.39m	
--- GUO, RYKER	ALBERT COLLE	ND	

Boys Triple Jump Novice			
Legacy: 11.87m * 2014		Mavrick Snider	
Name	School	Finals	
Flight 1			
1 PATERSON, LEVI	KINGSTON SEC	11.46m	
2 WYLDE, MACARTHUR	NICHOLSON CC	10.59m	
3 SCOTT, CONLAN	GANANOQUE SS	10.51m	
4 MCKERRACHER, BRETT	HOLY CROSS -	10.15m	
5 MALINOWSKI, GREYDON	REGIOPOLIS-N	9.92m	
6 MARSHALL, PASCAL	PERTH AND DI	9.61m	
7 TOOLEY, ETHAN	GRANITE RIDG	9.46m	
8 COONEY, BEN	NAPANEE DIST	9.20m	
9 KIRKBY, BRAYDEN	GANANOQUE SS	9.09m	
10 COPP, ZEPHYR	GANANOQUE SS	8.96m	
11 SPENCER, JAMES	SYDENHAM HS	8.30m	
12 JOHNSON MCBRIDE, MAX	ST MARY'S CA	7.71m	
--- SPENCER, DANE	ST MARY'S CA	ND	
--- HARRINGTON DURST, LA	SYDENHAM HS	ND	

Boys Shot Put Novice			
Legacy: 14.54m * 2016-04-22		Lucas Woodhall	
Name	School	Finals	
Flight 1			
1 ANDERSON, DESMOND	THOUSAND ISL	12.56m	
2 BECKLES, JACKSON	HOLY CROSS -	11.31m	
3 PRICE, BLAKE	GRANITE RIDG	10.93m	
4 NEWELL, JAMES	CENTRAL HAST	10.50m	
5 HOOGENRAAD, KEEGAN	THOUSAND ISL	10.47m	
6 DEAN-SAVAGE, DAWSON	FRONTENAC SS	10.42m	
7 CALLEGARI, JAYDEN	ST MARY'S CA	10.01m	
8 NASH, RONIN	ALBERT COLLE	9.58m	
9 STARKE, SYLAS	ENSS	8.62m	
10 LAWRENCE, NATHAN	ENSS	7.98m	
11 KNOX, WILL	ENSS	7.81m	
12 VRETTEAS, ANDEN	GANANOQUE SS	6.23m	
13 KELLY, JOSEPH	NICHOLSON CC	5.12m	

Boys Discus Throw Novice			
Legacy: 31.35m * 2025-04-24		CAIN SOLOMON	
Name	School	Finals	
Flight 1			
1 KRITZER, COOPER	ENSS	28.68m	
2 STARKE, SYLAS	ENSS	27.04m	
3 HOOGENRAAD, KEEGAN	THOUSAND ISL	26.96m	
4 LAWRENCE, NATHAN	ENSS	25.02m	
5 MCCAUGHERTY, QUINN	KINGSTON SEC	23.34m	
6 PRICE, BLAKE	GRANITE RIDG	22.30m	
7 MILLER-BLAIK, JASPER	KINGSTON SEC	21.50m	
8 NEWELL, JAMES	CENTRAL HAST	20.58m	
9 VRETTEAS, ANDEN	GANANOQUE SS	17.69m	

Boys Javelin Throw Novice			
Legacy: 39.90m * 2024-04-25		SETH BLACK	
Name	School	Finals	
Flight 1			
1 HOOGENRAAD, KEEGAN	THOUSAND ISL	35.14m	
2 SPENCER, DANE	ST MARY'S CA	30.41m	
3 MCCAUGHERTY, QUINN	KINGSTON SEC	29.88m	
4 HENDRY, GRAHAM	KINGSTON SEC	29.37m	
5 PRICE, BLAKE	GRANITE RIDG	26.86m	
6 SCOTT, CONLAN	GANANOQUE SS	26.73m	
7 MILLER-BLAIK, JASPER	KINGSTON SEC	26.33m	
8 KRITZER, COOPER	ENSS	24.65m	
9 STARKE, SYLAS	ENSS	24.60m	
10 KIRKBY, LUCAS	ST MARY'S CA	23.27m	
11 SPENCER, JAMES	SYDENHAM HS	21.33m	
12 NASH, RONIN	ALBERT COLLE	19.81m	
13 NEWELL, JAMES	CENTRAL HAST	17.92m	
14 VRETTEAS, ANDEN	GANANOQUE SS	17.69m	
15 BRIOUX, OLIVER	HOLY CROSS -	17.12m	
16 KELLY, JOSEPH	NICHOLSON CC	12.48m	

Boys 100 Meter Dash Junior			
Legacy: 11.71 * 2025-04-24		Nicholas Do Canto	
Name	School	Prelims	
Heat 1 Preliminaries			
1 GAVIN, ASHTON	THOUSAND ISL	12.16Q	
2 PINEY, KARTER	CENTRAL HAST	12.44	
3 ST-AMOUR, BASTIEN	SAINTE MARIE RI	12.66	
4 DAVIDSON, CONNOR	NICHOLSON CC	12.95	
5 OLNER, COLTON	SYDENHAM HS	13.09	
6 FARLEY, AJ	NAPANEE DIST	13.60	
7 EMMS, BRODY	ENSS	13.88	
Heat 2 Preliminaries			
1 WARREN, FREDDY	KINGSTON SEC	* 11.69Q	
2 BAHUGNNA, AARAV	HOLY CROSS -	11.84q	
3 PRUNER, REED	ST MARY'S CA	12.01q	
4 GASKELL, DARIUS	THOUSAND ISL	12.23q	
5 PRESTON, AUSTIN	CENTRAL HAST	12.33	
6 YANG, ADAM	FRONTENAC SS	12.49	
7 MCCOY, BRYCEN	NICHOLSON CC	13.12	

Limestone Legacy Meet 2026 - 2026-04-23

CaraCo Home Field, Kingston, Ontario

2026-04-23

Results

Heat 3 Preliminaries ... (Boys 100 Meter Dash Junior)			
Name		School	Prelims
Heat 3 Preliminaries			
1	COOK, WARREN	KINGSTON SEC	12.11Q
2	HITCHIN, AYDIN	THOUSAND ISL	12.20q
3	LAYNE, ETHAN	HOLY CROSS -	12.37
4	MAINPRIZE, OLIVER	ENSS	12.38
5	GEENEVASEN, TYSON	SYDENHAM HS	12.90
6	LONGTIN, BRYSON	ST MARY'S CA	13.32
7	DAVIS, HUNTER	GRANITE RIDG	13.44
Heat 4 Preliminaries			
1	TOPPING, RILEY	FRONTENAC SS	* 11.66Q
2	CAMERON, CASH	HOLY CROSS -	12.47
3	BOUCHER, JUSTIN	REGIOPOLIS-N	12.68
4	INDEWAY, JACKSON	ENSS	12.77
5	SWAN, NOAH	CENTRAL HAST	13.59
Boys 100 Meter Dash Junior			
Legacy: 11.71 * 2025-04-24 Nicholas Do Canto			
Name		School	Finals
Section 1 Finals			
1	TOPPING, RILEY	FRONTENAC SS	12.03
2	WARREN, FREDDY	KINGSTON SEC	12.21
3	BAHUGNNA, AARAV	HOLY CROSS -	12.49
4	COOK, WARREN	KINGSTON SEC	12.57
5	PRUNER, REED	ST MARY'S CA	12.63
6	GASKELL, DARIUS	THOUSAND ISL	12.83
7	GAVIN, ASHTON	THOUSAND ISL	12.92
8	HITCHIN, AYDIN	THOUSAND ISL	12.94
Boys 1500 Meter Run Junior			
Legacy: 4:13.38 * 2023-04-28 JACKSON WHITHAM			
Name		School	Finals
Section 1			
1	SAGRIFF, CONNOR	NICHOLSON CC	4:27.30
2	RUNIONS, HAYDEN	KINGSTON SEC	4:27.85
3	IANNI, COLIN	HOLY CROSS -	4:28.28
4	WORDLEY, JACK	KINGSTON SEC	4:44.48
5	CARD, BRAYDEN	NAPANEE DIST	4:51.05
6	GIROUX, TOM	THOUSAND ISL	4:54.14
7	KUHAFI, DANISH	ENSS	4:56.23
8	WINTERS, BEN	THOUSAND ISL	5:00.82
9	FERGUSON, ETHAN	ST MARY'S CA	5:06.64
10	MILNE, LUKE	NICHOLSON CC	5:23.12
11	CAVANO, NATHAN	LOYALIST CVI	5:25.90
12	ALIBERTI, VICTOR	HOLY CROSS -	5:38.55
13	BOLTON, CONNELL	REGIOPOLIS-N	5:39.37
14	ORMSBEE, HENRY	KINGSTON SEC	5:40.07
15	XU, ZICEN	HOLY CROSS -	5:40.86
16	HU, TIEN	LOYALIST CVI	5:43.72
17	JOY, OWEN	ENSS	5:47.89
18	AIKENS, CAMERON	FRONTENAC SS	5:49.06
19	EMMONS, KOLBY	BAYRIDGE S.S	5:51.63
20	THOMPSON, AIDEN	REGIOPOLIS-N	5:58.55
21	LEONARD, AIDEN	ST MARY'S CA	6:18.26

Boys 100 Meter Hurdles Junior			
Legacy: 15.58 * 2025-04-24 NOAH WAMBOLT			
Name		School	Prelims
Heat 1 Preliminaries			
1	WILKES, WESTON	PERTH AND DI	* 15.31Q
2	IWAN, CASIMIR	ENSS	16.36Q
3	CARD, BRAYDEN	NAPANEE DIST	17.17Q
4	EDMUNDS, MATTHEW	BAYRIDGE S.S	20.67q
5	AWSAF, AFHAM	KINGSTON SEC	22.53q
---	CHOLETTE, RONAN	ST MARY'S CA	DNF
Heat 2 Preliminaries			
1	GRILLS, CHARLIE	ENSS	18.26Q
2	BOWIE, RONAN	KINGSTON SEC	21.36Q
3	OLNER, COLTON	SYDENHAM HS	22.18Q
Boys 100 Meter Hurdles Junior			
Legacy: 15.58 * 2025-04-24 NOAH WAMBOLT			
Name		School	Finals
Section 1 Finals			
1	WILKES, WESTON	PERTH AND DI	15.86
2	IWAN, CASIMIR	ENSS	16.56
3	CARD, BRAYDEN	NAPANEE DIST	17.79
4	GRILLS, CHARLIE	ENSS	18.30
5	BOWIE, RONAN	KINGSTON SEC	20.15
6	OLNER, COLTON	SYDENHAM HS	20.20
7	AWSAF, AFHAM	KINGSTON SEC	23.16
Boys 4x100 Meter Relay Junior			
Legacy: 46.42 * 2023-04-28 Thousand Islands SS			
Team		Relay	Finals
Section 1			
1	THOUSAND ISLANDS SS	A	46.98
2	ST MARY'S CA	A	48.51
3	KINGSTON SEC	A	48.86
4	HOLY CROSS -	A	56.26
---	ENSS	B	DQ
Section 2			
1	HOLY CROSS -	C	47.55
2	ENSS	A	49.25
3	THOUSAND ISLANDS SS	B	51.46
4	NICHOLSON CC	A	51.69
5	HOLY CROSS -	B	54.46
Boys High Jump Junior			
Legacy: 1.85m * 2023-04-28 Leif Piatkowski			
Legacy2: 1.85m * 2019-04-26 Leif Piatkowski			
Name		School	Finals
Flight 1			
1	WARREN, FREDDY	KINGSTON SEC	1.70m
2	CHOLETTE, RONAN	ST MARY'S CA	1.65m
3	ZHAO, EWAN	ST MARY'S CA	1.55m
4	MEYER, LUCA	THOUSAND ISL	1.50m
4	CHANOOK, CADEN	KINGSTON SEC	1.50m
4	PENGELLY, NOAH	GANANOQUE SS	1.50m

Limestone Legacy Meet 2026 - 2026-04-23

CaraCo Home Field, Kingston, Ontario

2026-04-23

Results

Flight 1 ... (Boys High Jump Junior)				Boys Shot Put Junior			
Name		School	Finals	Legacy: 16.01m * 2017-04-21 ZACH DEIR			
7 VAN ASSELDONK, REID		ST MARY'S CA	1.40m	Name		School	Finals
Boys Pole Vault Junior				Flight 1			
Legacy: 3.65m * 2015		Brennan Seguin		1	ESEKIA, TUA	CENTRAL HAST	14.14m
Name		School	Finals	2	GEORGE, REID	SYDENHAM HS	12.91m
Flight 1				3	HUMMELL, JACK	HOLY CROSS -	11.56m
1	BROWN, HUDSON	ST THERESA (	3.25m	4	SCALE, ZACK	THOUSAND ISL	11.03m
2	GIROUX, TOM	THOUSAND ISL	2.75m	5	TOOLEY, REID	GRANITE RIDG	10.98m
3	CONKLIN, JOEY	THOUSAND ISL	2.60m	6	SERSON, EASTON	BAYRIDGE S.S	10.83m
4	G, HUDSON	BAYRIDGE S.S	2.30m	7	MARTIN, DARIAN	HOLY CROSS -	10.77m
Boys Long Jump Junior				8	VAN ASSELDONK, REID	ST MARY'S CA	10.43m
Legacy: 5.82m * 2019-04-26		DEVON RAYNER		9	OTT, COLBY	FRONTENAC SS	10.34m
Name		School	Finals	10	ROCKEY, LUCAS	THOUSAND ISL	10.22m
Flight 1				11	COLIGAN, JAYDEN	ST MARY'S CA	10.06m
1	PINEY, KARTER	CENTRAL HAST	6.16m*	12	JACQUES, THOMAS	THOUSAND ISL	9.29m
2	WARREN, FREDDY	KINGSTON SEC	5.81m	13	WARD, MAX	KINGSTON SEC	9.24m
3	PRESTON, AUSTIN	CENTRAL HAST	5.50m	14	BRISSON, SYMON	ST MARY'S CA	9.00m
4	LANIGAN, BRENDAN	REGIOPOLIS-N	5.38m	15	HOOK, QUINN	SYDENHAM HS	8.15m
5	CAMERON, CASH	HOLY CROSS -	5.34m	16	MAYHOUB, SALAH	KINGSTON SEC	8.08m
6	IWAN, CASIMIR	ENSS	5.26m	17	FERREIRA, NIC	BAYRIDGE S.S	7.27m
7	BOUCHER, JUSTIN	REGIOPOLIS-N	4.69m	Boys Discus Throw Junior			
8	SWAN, NOAH	CENTRAL HAST	4.50m	Legacy: 43.07m * 2025-04-24		DECLAN COWAN	
9	BERUBE, LUKE	KINGSTON SEC	4.49m	Name		School	Finals
10	OLNER, COLTON	SYDENHAM HS	4.40m	Flight 1			
11	PENGELLY, NOAH	GANANOQUE SS	4.28m	1	KERR, KEITH	SYDENHAM HS	39.14m
12	MCKEOWN, KELLEN	ST MARY'S CA	4.09m	2	BOLDEN, RILEY	GANANOQUE SS	35.02m
13	ST-AMOUR, BASTIEN	SAINTE MARIE RI	3.97m	3	ESEKIA, TUA	CENTRAL HAST	33.90m
14	WOODCOCK, OWEN	ST MARY'S CA	3.87m	4	COLIGAN, JAYDEN	ST MARY'S CA	33.41m
15	STOTZ, JJ	SAINTE MARIE RI	3.86m	5	EMPEY, CALEB	ST MARY'S CA	31.60m
16	XU, ZICEN	HOLY CROSS -	3.83m	6	GEORGE, REID	SYDENHAM HS	31.37m
17	BALLANTYNE, NATE	ST MARY'S CA	3.81m	7	SOLOMON, CAIN	GANANOQUE SS	31.00m
---	ALIBERTI, VICTOR	HOLY CROSS -	FOUL	8	MARTIN, DARIAN	HOLY CROSS -	29.02m
Boys Triple Jump Junior				9	TOOLEY, REID	GRANITE RIDG	27.98m
Legacy: 12.88m * 2017-04-21		JON BRADY		10	WARD, MAX	KINGSTON SEC	26.38m
Name		School	Finals	11	PROUT, AIDAN	GANANOQUE SS	24.40m
Flight 1				12	BECK, COLE	KINGSTON SEC	23.10m
1	PINEY, KARTER	CENTRAL HAST	12.57m	13	VAN ASSELDONK, REID	ST MARY'S CA	22.64m
2	WEBSTER, BEN	HOLY CROSS -	11.73m	14	SERSON, EASTON	BAYRIDGE S.S	21.16m
3	WILKES, WESTON	PERTH AND DI	11.42m	15	MAYHOUB, SALAH	KINGSTON SEC	19.47m
4	MCCOY, BRYCEN	NICHOLSON CC	11.38m	16	ZEGERS, JORDAN	ENSS	17.40m
5	MAINPRIZE, OLIVER	ENSS	10.72m	17	HOOK, QUINN	SYDENHAM HS	16.04m
6	PENGELLY, NOAH	GANANOQUE SS	10.48m	18	FERREIRA, NIC	BAYRIDGE S.S	15.55m
7	ZHAO, EWAN	ST MARY'S CA	10.36m	Boys Javelin Throw Junior			
8	STOTZ, JJ	SAINTE MARIE RI	9.93m	Legacy: 47.69m * 2025-04-24		DECLAN COWAN	
9	XU, ZICEN	HOLY CROSS -	9.58m	Name		School	Finals
10	WOODCOCK, OWEN	ST MARY'S CA	8.88m	Flight 1			
				1	CROTTY, ANDREW	THOUSAND ISL	48.81m*
				2	LANIGAN, BRENDAN	REGIOPOLIS-N	42.57m
				3	ZUFELT-MCCULLOCH, PRI	GANANOQUE SS	37.25m
				4	SOLOMON, CAIN	GANANOQUE SS	36.70m
				5	KOPPANY, JACKSON	FRONTENAC SS	32.24m

Limestone Legacy Meet 2026 - 2026-04-23
CaraCo Home Field, Kingston, Ontario
2026-04-23

Results

Flight 1 ... (Boys Javelin Throw Junior)				Boys 100 Meter Dash Senior			
Name		School	Finals	Legacy: 10.77 * 2025-04-24 Wyatt Lee			
6	SERSON, EASTON	BAYRIDGE S.S	30.93m	Name		School	Finals
7	HUTCHINSON, JESSE	BAYRIDGE S.S	30.88m	Section 1 Finals			
8	WARD, MAX	KINGSTON SEC	30.03m	1	DO CANTO, NICHOLAS	HOLY CROSS -	11.52
9	GEENEVASEN, TYSON	SYDENHAM HS	29.72m	2	WIWCHAR, TAYE	REGIOPOLIS-N	11.59
10	ZEGERS, JORDAN	ENSS	29.63m	3	FITZGERALD, DANIEL	FRONTENAC SS	11.77
11	SCOTTER, JACK	FRONTENAC SS	29.59m	4	BROWN, EVAN	THOUSAND ISL	11.80
12	KERR, KEITH	SYDENHAM HS	27.88m	5	CUGLIETTA, CARTER	THOUSAND ISL	11.87
13	STEWART, EMERSON	ST MARY'S CA	26.13m	6	BLACK, BRIAN	SYDENHAM HS	11.99
14	BRISSON, SAWYER	ST MARY'S CA	25.13m	7	GENDRON, BRADY	FRONTENAC SS	12.19
15	MEYER, LUCA	THOUSAND ISL	25.09m	Boys 1500 Meter Run Senior			
16	AWSAF, AFHAM	KINGSTON SEC	24.47m	Legacy: 4:01.91 * 2023-04-28 TRAVIS GAFFNEY			
17	PROUT, AIDAN	GANANOQUE SS	24.04m	Name		School	Finals
18	BENOIT, MICHAEL	GRANITE RIDG	23.38m	Section 1			
19	JOY, OWEN	ENSS	22.38m	1	BENNETT, LUCAS	THOUSAND ISL	4:11.64
20	MAYHOUB, SALAH	KINGSTON SEC	22.37m	2	LINK, RAYANE	THOUSAND ISL	4:16.53
21	FOURNIER, AUSTYN	THOUSAND ISL	21.32m	3	MCDUGALL, OWEN	ENSS	4:21.29
22	MARTIN, DARIAN	HOLY CROSS -	19.82m	4	TURNER, JACK	ENSS	4:24.86
23	HORTINELA, JOSHUA	ST MARY'S CA	19.20m	5	BOOMHOUWER, NATE	ENSS	4:27.29
24	HOOK, QUINN	SYDENHAM HS	19.12m	6	STACEY, NATE	NAPANEE DIST	4:30.71
25	FERREIRA, NIC	BAYRIDGE S.S	13.80m	7	MAHONEY, DANIEL	KINGSTON SEC	4:31.29
Boys 100 Meter Dash Senior				8	GOGUEN, PARKER	THOUSAND ISL	4:42.05
Legacy: 10.77 * 2025-04-24 Wyatt Lee				9	SVATEK, YANNICK	SAINTE MARIE RI	4:44.45
Name		School	Prelims	10	BRAUN, SAKI	KINGSTON SEC	4:54.54
Heat 1 Preliminaries				11	GALLAGHER, REID	SAINTE MARIE RI	4:55.81
1	DO CANTO, NICHOLAS	HOLY CROSS -	11.30Q	12	ZOMER, KIERAN	CENTRAL HAST	4:55.96
2	WIWCHAR, TAYE	REGIOPOLIS-N	11.33q	13	COOPER, WESTON	FRONTENAC SS	5:17.78
3	MBOMA, JOSEPH	THOUSAND ISL	12.02	14	ABROKWAH, BRINNAN	HOLY CROSS -	5:31.33
4	TOMS, NOLAN	ENSS	12.31	15	JACOBSEN, JOSIAH	ALBERT COLLE	5:41.24
5	FERNEYHOUGH, ROCKY	PERTH AND DI	13.70	16	CUSICK, KHARTEM	SAINTE MARIE RI	5:52.99
Heat 2 Preliminaries				17	WRIGHT, CAMERON	CENTRAL HAST	5:54.22
1	BLACK, BRIAN	SYDENHAM HS	11.48Q	18	HANLON, LEO	HOLY CROSS -	6:14.78
2	BROWN, EVAN	THOUSAND ISL	11.53q	19	SMITH, COOPER	ERNESTOWN -	6:44.40
3	MESSENGER, TRISTEN	BAYRIDGE S.S	11.82q	Boys 110 Meter Hurdles Senior			
4	EDWARDS, ALEX	ENSS	11.99	Legacy: 15.07 * 2014		Matt Bedard	
5	KROL, LUCAS	FRONTENAC SS	12.02	Name		School	Prelims
6	HAYES, ISAAC	NAPANEE DIST	12.80	Heat 1 Preliminaries			
7	DELL, JAE LIN	HOLY CROSS -	13.14	1	HAYES, ISAAC	NAPANEE DIST	19.06Q
Heat 3 Preliminaries				2	KEELER, EVAN	BAYRIDGE S.S	19.50Q
1	GENDRON, BRADY	FRONTENAC SS	11.95Q	Heat 2 Preliminaries			
2	ARMSTRONG, KASTON	REGIOPOLIS-N	12.44	1	BLACK, BRIAN	SYDENHAM HS	15.70Q
3	FERRY, JADEN	ENSS	12.61	2	WAMBOLDT, NOAH	ENSS	16.30Q
4	BIRO, TYLER	ST MARY'S CA	13.07	3	ANDREW, PENNELL	KINGSTON SEC	19.20Q
5	OSBORNE, TROY	SYDENHAM HS	13.43	4	BURKE, ANDREW	BAYRIDGE S.S	20.88q
6	MEAGHER, JASPER	ERNESTOWN -	15.68	Boys 110 Meter Hurdles Senior			
Heat 4 Preliminaries				Legacy: 15.07 * 2014		Matt Bedard	
1	FITZGERALD, DANIEL	FRONTENAC SS	11.74Q	Name		School	Finals
2	CUGLIETTA, CARTER	THOUSAND ISL	11.95q	Section 1 Finals			
3	PEREZ, ELIJAH	HOLY CROSS -	12.63	1	BLACK, BRIAN	SYDENHAM HS	15.77
4	HELD, KEELAN	ST MARY'S CA	13.00	2	WAMBOLDT, NOAH	ENSS	16.70
5	MELDRUM, KENTON	BAYRIDGE S.S	13.48				
6	JIMENEZ, IGNACIO	ALBERT COLLE	15.19				

Limestone Legacy Meet 2026 - 2026-04-23
CaraCo Home Field, Kingston, Ontario
2026-04-23

Results

Section 1 Finals ... (Boys 110 Meter Hurdles Senior)			
Name	School	Finals	
3 HAYES, ISAAC	NAPANEE DIST	18.65	
4 ANDREW, PENNELL	KINGSTON SEC	19.23	
5 BURKE, ANDREW	BAYRIDGE S.S	20.28	
6 KEELER, EVAN	BAYRIDGE S.S	21.23	

Boys 4x100 Meter Relay Senior			
Legacy:	44.50	* 2025-04-24	Thousand Islands SS
Team	Relay	Finals	

Section 1			
1 THOUSAND ISLANDS SS	A	45.23	
2 HOLY CROSS -	A	46.03	
3 ENSS	A	47.46	
4 THOUSAND ISLANDS SS	C	48.04	
5 HOLY CROSS -	C	49.31	
6 BAYRIDGE S.S	A	49.77	

Section 2			
1 REGIOPOLIS-N	A	48.78	
2 ST MARY'S CA	A	51.25	
3 THOUSAND ISLANDS SS	B	53.62	
--- HOLY CROSS -	B	DQ	

Boys High Jump Senior			
Legacy:	2.05m	* 2015	Leaugen Fray
Name	School	Finals	

Flight 1			
1 WOOD, CAUSTON	SYDENHAM HS	1.93m	
2 FIELD, CARSON	GANANOQUE SS	J1.70m	
2 HUNGLER, NOAH	FRONTENAC SS	J1.70m	
4 MOSHER, JACKSON	GRANITE RIDG	J1.65m	
4 DUREPOS, TAO	THOUSAND ISL	J1.65m	
4 ZOMER, KIERAN	CENTRAL HAST	J1.65m	
7 GRAY, LOGAN	GRANITE RIDG	1.55m	
8 WELLS, JUDE	HOLY CROSS -	1.45m	
9 LIMINUKU-BEMBIKA, QW	THOUSAND ISL	1.30m	

Boys Pole Vault Senior			
Legacy:	4.20m	* 2018-04-27	Brennan Seguin
Name	School	Finals	

Flight 1			
1 RITCHIE, ALEC	KINGSTON SEC	3.25m	
2 CHARLAN, LANDAN	SAINT LAWREN	2.95m	
3 BENOIT, ETHAN	SAINT LAWREN	2.80m	
4 FOURKIOTIS, ANTONIOS	SAINT LAWREN	2.50m	
5 PHILLIPS, LUKE	THOUSAND ISL	J2.45m	
5 DUREPOS, TAO	THOUSAND ISL	J2.45m	
--- JAMES, MICAH	KINGSTON SEC	NH	

Boys Long Jump Senior			
Legacy:	6.53m	* 2017-04-21	MAVRICK SNIDER
Name	School	Finals	

Flight 1			
1 WOOD, CAUSTON	SYDENHAM HS	6.10m	
2 JOACHIM, AMILIAN	HOLY CROSS -	5.49m	

3 STEWART, PIERCE	PERTH AND DI	5.22m	
4 CARTER, JACKSON	REGIOPOLIS-N	5.13m	
5 BEAULIEU, MIKA	FRONTENAC SS	5.11m	
6 ESEKIA, TAI	CENTRAL HAST	4.95m	
7 PHILLIPS, LUKE	THOUSAND ISL	4.75m	
8 GARBE, ROCCO	HOLY CROSS -	4.54m	
9 OFORI-ADJEI, ROY	HOLY CROSS -	4.50m	
9 SPARKS, NATHAN	BAYRIDGE S.S	4.50m	
11 EDWARDS, ALEX	ENSS	4.24m	
12 JACOBSEN, JOSIAH	ALBERT COLLE	4.02m	
13 JIMENEZ, IGNACIO	ALBERT COLLE	2.52m	

Boys Triple Jump Senior			
Legacy:	13.69m	* 2019-04-26	BENAYO OLAK
Name	School	Finals	

Flight 1			
1 WOOD, CAUSTON	SYDENHAM HS	12.56m	
2 MCSHANE, IAIN	SYDENHAM HS	12.27m	
3 JOACHIM, AMILIAN	HOLY CROSS -	11.92m	
4 WOLSEY, LIAM	FRONTENAC SS	11.55m	
5 TOMS, NOLAN	ENSS	11.39m	
6 ZOMER, KIERAN	CENTRAL HAST	11.18m	
7 STEWART, PIERCE	PERTH AND DI	11.14m	
8 BEAULIEU, MIKA	FRONTENAC SS	11.00m	
9 FERNANDES, DARREN	HOLY CROSS -	10.87m	

Boys Shot Put Senior			
Legacy:	17.48m	* 2019-04-26	LUCAS WOODHALL
Name	School	Finals	

Flight 1			
1 EDWARDS, BLAKE	ST MARY'S CA	13.14m	
2 BELLES, AYDEN	GANANOQUE SS	12.64m	
3 ESEKIA, TAI	CENTRAL HAST	12.63m	
4 MIDDLETON, LONDON	ERNESTOWN -	12.51m	
5 WAGNER, LIAM	SAINTE MARIE RI	11.49m	
6 ORJI, FRANKLIN	THOUSAND ISL	J10.69m	
6 DAVIS, ZACH	ENSS	J10.69m	
8 BERGIN, SONNY	GANANOQUE SS	10.03m	
9 FURTADO, NATHAN	ST MARY'S CA	9.47m	
10 MATT, MELANSON	SYDENHAM HS	9.41m	
11 EDWARDS, ALEX	ENSS	8.89m	
12 SORES, JASE	HOLY CROSS -	8.73m	
13 GOW MONROE, JAYDEN	LOYALIST CVI	8.39m	
14 MCAURTHUR-MOFFAT, OL	HOLY CROSS -	8.13m	
15 TUCKER, WILL	SYDENHAM HS	7.94m	
16 DONOHUE, AIDEN	HOLY CROSS -	7.91m	
17 JENSEN, CHRISTIAN	ST MARY'S CA	7.83m	

Boys Discus Throw Senior			
Legacy:	40.44m	* 2024-04-25	CAREL POIRER-DE GUZMAN
Name	School	Finals	

Flight 1			
1 MATTHEWS, LONDON	LOYALIST CVI	40.49m*	
2 ESEKIA, TAI	CENTRAL HAST	37.99m	
3 DEVRIES, DAVID	GANANOQUE SS	32.69m	

Limestone Legacy Meet 2026 - 2026-04-23
CaraCo Home Field, Kingston, Ontario
2026-04-23

Results

Flight 1 ... (Boys Discus Throw Senior)			
Name	School	Finals	
4 MIDDLETON, LONDON	ERNESTOWN -	31.95m	
5 KELLAR, JAMES	GANANOQUE SS	30.43m	
6 KENNELLY, JAMES	BAYRIDGE S.S	30.32m	
7 DAVIS, ZACH	ENSS	29.06m	
8 GOW MONROE, JAYDEN	LOYALIST CVI	28.93m	
9 BERGIN, SONNY	GANANOQUE SS	27.47m	
10 FURTADO, NATHAN	ST MARY'S CA	26.51m	
11 TREMBLAY, JACOB	THOUSAND ISL	22.43m	
12 HOOD, ANGUS	ENSS	20.63m	
13 DONOHUE, AIDEN	HOLY CROSS -	20.47m	
14 SORES, JASE	HOLY CROSS -	18.14m	
15 COWAN, DREW	ST MARY'S CA	17.95m	
16 LEEDER, ANDREW	ST MARY'S CA	17.83m	
17 MCAURTHUR-MOFFAT, OL	HOLY CROSS -	16.76m	
18 JENSEN, CHRISTIAN	ST MARY'S CA	15.40m	

Boys Javelin Throw Senior

Legacy: 48.85m * 2019-04-26 Jared Elliott

Name	School	Finals	
Flight 1			
1 FITZGERALD, DANIEL	FRONTENAC SS	47.44m	
2 GIBSON, JIMMY	FRONTENAC SS	45.57m	
3 SHEPHERDSON, DRAKE	THOUSAND ISL	41.76m	
4 KROL, LUCAS	FRONTENAC SS	36.83m	
5 MOORE, GAUGE	GANANOQUE SS	35.68m	
6 MACKAY, KALEB	THOUSAND ISL	31.54m	
7 ORJI, FRANKLIN	THOUSAND ISL	30.86m	
8 MATT, MELANSON	SYDENHAM HS	28.75m	
9 DESGAGNE, DYLAN	BAYRIDGE S.S	27.51m	
10 KENNELLY, JAMES	BAYRIDGE S.S	27.41m	
11 MCAURTHUR-MOFFAT, OL	HOLY CROSS -	27.07m	
12 WAGNER, LIAM	SAINTE MARIE RI	26.81m	
13 BECK, COLE	KINGSTON SEC	19.69m	
--- HOOD, ANGUS	ENSS	FOUL	

Boys 2000 Meter Steeplechase Open

Legacy: 6:25.18 * 2015 Jonathan Besselink

Name	School	Finals	
Section 1			
1 TAIT, SULLIVAN	ENSS	6:39.77	
2 IVENS, SULLIVAN	KINGSTON SEC	6:47.30	
3 SAGRIFF, CONNOR	NICHOLSON CC	6:47.48	
4 STACEY, NATE	NAPANEE DIST	6:47.74	
5 GOGUEN, PARKER	THOUSAND ISL	7:01.15	
6 SACILOTTO, MATTHEW	KINGSTON SEC	7:11.50	
7 WORDLEY, JACK	KINGSTON SEC	7:12.63	
8 MCDOUGALL, ETHAN	ENSS	7:46.33	
9 PAIVA, DOMINIC	CENTRAL HAST	7:48.29	
10 KERR, KEITH	SYDENHAM HS	7:52.51	
11 MILNE, LUKE	NICHOLSON CC	8:18.64	
12 BOTTING, ALEX	ENSS	8:38.86	
13 ZUFELT-MCCULLOCH, PRI	GANANOQUE SS	8:39.38	
14 BOLDEN, RILEY	GANANOQUE SS	8:46.71	

15 SPONHOLZ-RUSKIN, JONA	BAYRIDGE S.S	8:53.12
16 WARREN, ZAC	GANANOQUE SS	9:04.30
17 OSBORNE, TROY	SYDENHAM HS	9:46.64

Boys Distance Medley Open

Legacy: 4:39.39 * 2016-04-22 Holy Cross SS

Team	Relay	Finals	
Section 1			
1 THOUSAND ISLANDS SS	A	4:52.16	
2 ENSS	A	5:01.46	
3 KINGSTON SEC	A	5:17.22	
4 SYDENHAM HS	B	5:55.22	
5 HOLY CROSS -	A	5:56.79	
Section 2			
1 THOUSAND ISLANDS SS	B	5:18.65	
2 ENSS	B	5:21.74	
3 HOLY CROSS -	B	5:25.45	
4 KINGSTON SEC	B	5:35.68	
5 NAPANEE DIST	A	5:36.50	
6 SYDENHAM HS	A	6:04.24	

Boys Long Jump Standing VI

Name	School	Finals	
Flight 1			
1 WALKER-MALESKA, HAYI	NAPANEE DIST	1.53m	

Boys 100 Meter Dash ID

Legacy: 14.12 * 2025-04-24 CALEB TURNER

Name	School	Prelims	
Heat 1 Preliminaries			
--- CARROLL-HARTWICK, WI	NAPANEE DIST	SCR	
1 BUGNA, MICOH	BAYRIDGE S.S	* 13.54Q	
2 DAY, LEWIS	KINGSTON SEC	* 13.99Q	
3 TURNER, CALEB	FRONTENAC SS	14.18Q	
4 SMITH, CONNER	BAYRIDGE S.S	14.28q	
5 CHOWDHURY, SABEEN	KINGSTON SEC	17.42	
6 MATHEY, KEENAN	HOLY CROSS -	20.39	
7 HANNA, COLTON	THOUSAND ISL	26.07	
Heat 2 Preliminaries			
1 HASSELAAR, TOMMY	SYDENHAM HS	14.91Q	
2 BLUNDELL, JACOB	BAYRIDGE S.S	15.26Q	
3 REID, GAJE	FRONTENAC SS	15.67Q	
4 WALKER-MALESKA, HAYI	NAPANEE DIST	17.28q	
5 FLETCHER, RORY	KINGSTON SEC	17.84	
6 GILFILLIN, AIDEN	NAPANEE DIST	20.55	

Boys 100 Meter Dash ID

Legacy: 14.12 * 2025-04-24 CALEB TURNER

Name	School	Finals	
Section 1 Finals			
1 BUGNA, MICOH	BAYRIDGE S.S	14.29	
2 DAY, LEWIS	KINGSTON SEC	14.55	
3 HASSELAAR, TOMMY	SYDENHAM HS	14.95	
4 SMITH, CONNER	BAYRIDGE S.S	14.96	
5 TURNER, CALEB	FRONTENAC SS	15.57	

Limestone Legacy Meet 2026 - 2026-04-23
CaraCo Home Field, Kingston, Ontario
2026-04-23

Results

Section 1 Finals ... (Boys 100 Meter Dash ID)			
Name	School	Finals	
6 BLUNDELL, JACOB	BAYRIDGE S.S	15.95	
7 WALKER-MALESKA, HAY	NAPANEE DIST	16.00	
8 REID, GAIJE	FRONTENAC SS	17.47	

Boys Long Jump Standing ID			
Name	School	Finals	

Flight 1			
1 DAY, LEWIS	KINGSTON SEC	2.16m	
2 BUGNA, MICOH	BAYRIDGE S.S	2.08m	
3 HASSELAAR, TOMMY	SYDENHAM HS	2.05m	
4 BLUNDELL, JACOB	BAYRIDGE S.S	2.03m	
5 SMITH, CONNER	BAYRIDGE S.S	1.95m	
6 REID, GAIJE	FRONTENAC SS	1.91m	
7 ASHLEY, MADDEX	NAPANEE DIST	1.89m	
8 TURNER, CALEB	FRONTENAC SS	1.83m	
9 CHOWDHURY, SABEEN	KINGSTON SEC	1.55m	
10 FLETCHER, RORY	KINGSTON SEC	1.39m	
11 CARD, RJ	LOYALIST CVI	1.36m	
12 GILFILLIN, AIDEN	NAPANEE DIST	1.32m	

Boys Shot Put ID			
Legacy:	9.01m	* 2025-04-24	CALEB TURNER
Name	School	Finals	

Flight 1			
1 WELCH, CODY	HOLY CROSS -	9.76m*	
2 TURNER, CALEB	FRONTENAC SS	9.61m*	
3 CLEARY, LIAM	BAYRIDGE S.S	9.48m*	
4 GILFILLIN, AIDEN	NAPANEE DIST	7.33m	
5 CARD, RJ	LOYALIST CVI	7.15m	
6 WALKER-MALESKA, HAY	NAPANEE DIST	6.45m	
7 SMITH, CONNER	BAYRIDGE S.S	6.35m	
8 DAY, LEWIS	KINGSTON SEC	6.12m	
9 HASSELAAR, TOMMY	SYDENHAM HS	5.72m	
10 ASHLEY, MADDEX	NAPANEE DIST	5.38m	
11 HANNA, COLTON	THOUSAND ISL	4.81m	
12 REID, GAIJE	FRONTENAC SS	4.77m	

Mixed 4x200 Meter Relay Novice			
Legacy:	1:46.79	* 2016-04-22	Thousand Islands S.S.
Team	Relay	Finals	

Section 1			
1 HOLY CROSS -	A	1:47.18	
2 ST MARY'S CA	A	1:52.40	
3 KINGSTON SEC	A	1:58.30	
4 THOUSAND ISLANDS SS	B	1:58.41	
5 ENSS	B	1:58.86	
6 SYDENHAM HS	A	2:00.52	
7 SYDENHAM HS	C	2:00.98	

Section 2			
1 ENSS	A	1:52.07	
2 PERTH AND DI	A	1:57.92	
3 ESC SMR	A	2:01.96	
4 HOLY CROSS -	B	2:03.74	

5 SYDENHAM HS	B	2:04.37	
6 ST MARY'S CA	B	2:04.46	

Mixed 4x200 Meter Relay Junior			
Legacy:	1:42.74	* 2024-04-25	Thousand Islands SS
Team	Relay	Finals	

Section 1			
1 ENSS	A	1:48.96	
2 HOLY CROSS -	B	1:52.31	
3 KINGSTON SEC	A	1:53.80	
4 REGIOPOLIS-N	A	1:56.46	
5 SYDENHAM HS	B	2:01.08	

Section 2			
1 THOUSAND ISLANDS SS	A	1:44.93	
2 SYDENHAM HS	C	1:55.64	
3 ESC SMR	A	2:01.95	
4 ENSS	C	2:07.13	

Section 3			
1 HOLY CROSS -	A	1:52.67	
2 ENSS	B	1:58.74	
3 NICHOLSON CC	A	2:00.01	
4 SYDENHAM HS	A	2:00.61	

Mixed 4x200 Meter Relay Senior			
Legacy:	1:40.43	* 2018-04-27	HOLY CROSS
Team	Relay	Finals	

Section 1			
1 THOUSAND ISLANDS SS	B	1:39.88*	
2 THOUSAND ISLANDS SS	A	1:41.94	
3 REGIOPOLIS-N	A	1:42.74	
4 HOLY CROSS -	B	1:45.21	
5 SYDENHAM HS	C	1:53.79	
6 SYDENHAM HS	A	2:00.98	

Section 2			
1 THOUSAND ISLANDS SS	C	1:46.69	
2 ENSS	A	1:47.77	
3 HOLY CROSS -	A	1:48.26	
4 HOLY CROSS -	C	1:51.80	
5 SYDENHAM HS	B	1:59.84	
6 ALBERT COLLEGE (ABCE)	A	2:01.94	
7 KINGSTON SEC	A	2:08.44	
--- NICHOLSON CC	A	DQ	

Mixed 4x100 Meter Relay Thower Only			
Legacy:	55.40	* 2025-04-24	Sydenham HS - Sydenham
Team	Relay	Finals	

Section 1			
1 GANANOQUE SS	A	1:00.29	
2 SYDENHAM HS	A	1:02.87	

Mixed 4x100 Meter Relay Anything But a Baton			
Legacy:	44.50	* 2025-04-24	Thousand Islands SS
Team	Relay	Finals	

Section 1			
1 THOUSAND ISLANDS SS	B	55.36	

Limestone Legacy Meet 2026 - 2026-04-23
CaraCo Home Field, Kingston, Ontario
2026-04-23

Results

Section 1 ... (Mixed 4x100 Meter Relay Anything But a Baton)			
	Team	Relay	Finals
2	PERTH AND DI	A	59.24
3	ERNESTOWN -	A	1:02.24
4	SYDENHAM HS	B	1:02.58
5	SYDENHAM HS	C	1:31.31